



ANAHOLA, KAUAI

Member Agreement

PADDLERS DUTIES AND CODE OF CONDUCT

1. Paddlers are expected to treat all fellow club members with respect, honesty, fairness and aloha.
 - Respect yourself - Show up and do your best.
 - Respect other members - Be a good sport. Keep the best interest of the team before your personal interests. Control your temper if you feel you have been wronged and talk with your coach.
 - Respect your coach - Don't argue or complain about a coach's decision.
 - Respect the club's equipment - Lift canoes instead of dragging them. Do not sit or lean on canoes. Always bail out water and clean the canoe after each practice. Help cover the canoes. Never grind your paddle in the dirt or sand. Put borrowed paddles away. Keep the club area clean.
2. Paddlers are expected to dedicate themselves in achieving the highest level of physical fitness required by the coaches.
 - Arrive at practice and races early enough to warm up physically, to check equipment, and to otherwise prepare.
 - Participate wholeheartedly in any conditioning program that is recommended by the coaches.
3. Paddlers are expected to participate in club activities and committees.
 - Club service is a requirement of membership.
 - Participate in Club Fundraisers
 - Participate in Club Cleanups (minimum of 2)
 - Help out at races (set up tents, rig canoes, take down tents)
 - Volunteer at the Hokualele hosted regatta

COACH'S CODE OF CONDUCT

1. Treat each paddler with respect and dignity.
2. Provide canoe paddlers with advance notice of program requirements, practice schedule, and crew selection criteria.
3. Make crew decisions based on fair and equitable standards.
4. Be available to explain decisions or answer questions.
5. Foster an environment of open communication with the paddlers.
6. Mediate conflicts between paddlers that affect the success of the paddling program.
7. Be prepared to seek help from the Head Coach or President in solving conflicts.
8. Utilize a positive coaching style that fosters teamwork and promotes Hokualele Canoe Club.

I agree to uphold the Hokualele Paddler's Duties and Code of Conduct. I have read and agree to the above terms of the Hokualele Canoe Club Member Agreement.

Paddler Signature

Parent/Guardian Signature (if paddler is a minor)